

Zahava Turner RD CSP LDN

EDUCATION:

Queens College, CUNY *Flushing, NY*
Masters of Science: Nutrition Emphasis – September 2002 - Present
Certificate of Advanced Study – Dietetic Internship September 2002 - May 2003
Bachelor of Science in Nutrition and Exercise Science September 1998- June 2002
Minor: Jewish Studies, Honors
Michlala L'Banot Jerusalem *Jerusalem, Israel*
Teachers Certificate, May 1998

WORK EXPERIENCE:

Johns Hopkins Children's Center *Baltimore, MD*
Pediatric Clinical Specialist II: August 2005 – Present

- Ketogenic Dietitian for the John Freeman Epilepsy Center.
In charge of all nutritional aspects for patients following the ketogenic diet, including education, follow up and menu planning
- Pediatric dietitian responsible for assessing and meeting nutritional needs of inpatient and outpatient population

Long Island Jewish Medical Center *New Hyde Park, NY*
Registered Dietitian: July 2003 – July 2005
Schneiders Children's Hospital

- Pediatric dietitian responsible for covering the pediatric ICU, adolescent unit, surgery unit, hematology-oncology unit, child psych unit, and general medicine unit
- Responsible for assessing, educating, counseling and meeting nutritional needs for all pediatric patients including eating disorders, newly diagnosed diabetics, cystic fibrosis, metabolic disorders, and patients with failure to thrive
- Supervised menu planning program and nutrition lessons for patients with eating disorders

Long Island Jewish Medical Center

- Weekend coverage for medical center including ICU, CCU, maternity, hematology-oncology, psychiatric, and geriatric units
- Menu modification for gestational diabetics and formula development

PUBLICATIONS:

- Kossoff EH, Dorward JL, Turner Z, Pyzik PL. Prospective study of the modified atkins diet in combination with a Ketogenic liquid supplement during the initial month. *J Child Neurol* Feb 2011
- Groomes LB, Pyzik PL, Turner Z, Dorward JL, Goode VH, Kossoff EH: Do Patients With Absence Epilepsy Respond to Ketogenic Diets? *J Child Neurol*. 2010
- Hong AM, Turner Z, Hamdy RF, Kossoff EH. Infantile spasms treated with the ketogenic diet: Prospective single center experience in 104 consecutive infants. *Epilepsia* 2010
- Patel A, Pyzik PL, Turner Z, Rubenstein JE, Kossoff EH. Long Term outcomes of children treated with the ketogenic diet in the past. *Epilepsia* 2010
- Kossoff EH, Zupec-Kania BA, Amark PE, Ballaban-Gil KR, Bergqvist AG, Blackford R, Buchhalter JR, Caraballo RH, Cross JH, Dahlin MG, Donner EJ, Klepper J, Jehle RS, Kim HD, Liu YM, Nation J, Nordli Jr DR, Pfeifer HH, Rho JM, Stafstrom CE, Thiele EA, Turner Z, Wirrell EC, Wheless JW, Veggiotti P, Vining EP; The Charlie Foundation, and the Practice Committee of the Child Neurology Society. Optimal clinical management of children receiving the ketogenic diet: Recommendations of the International Ketogenic Diet Study Group. *Epilepsia*. 2009
- Nizamuddin J, Turner Z, Rubenstein JE, Pyzik PL, Kossoff EH. Management and risk factors for dyslipidemia with the ketogenic diet. *J Child Neurol*. 2008 Jul;23(7):758-61.
- Kossoff EH, Hedderick EF, Turner Z, Freeman JM. A case-control evaluation of the ketogenic diet versus ACTH for new-onset infantile spasms. *Epilepsia*. 2008 Sep;49(9):1504-9.
- Kossoff EH, Laux LC, Blackford R, Morrison PF, Pyzik PL, Hamdy RM, Turner Z, Nordli DR Jr. When do seizures usually improve with the ketogenic diet? *Epilepsia*. 2008 Feb;49(2):329-33.

- Hamdy RF, Turner Z, Pyzik PL, Kossoff EH. Lack of influence of body mass index on the efficacy of the ketogenic diet. *J Child Neurol.* 2007 Oct;22(10):1167-71
- Kossoff EH, Turner Z, Bergey GK. Home-guided use of the ketogenic diet in a patient for more than 20 years. *Pediatr Neurol.* 2007 Jun;36(6):424-5.
- Stainman RS, Turner Z, Rubenstein JE, Kossoff EH. Decreased relative efficacy of the ketogenic diet for children with surgically approachable epilepsy. *Seizure.* 2007 Oct;16(7):615-9
- Kossoff EH, Turner Z, Bluml RM, Pyzik PL, Vining EP. A randomized, crossover comparison of daily carbohydrate limits using the modified Atkins diet. *Epilepsy Behav.* 2007 May;10(3):432-6.
- Turner, Z, Kossoff, E. The Ketogenic and Atkins diet: A recipe for seizure control. Nutrition Issues in Gastroenterology; Series 39, June 2006

PROFESSIONAL MEMBERSHIPS AND AWARDS:

- Medical Advisory Committee: The Charlie Foundation
- Board Certified Specialist in Pediatric Nutrition
- Queens College Award in Family and Community Services - 2002