

BIO

Prof Mette M BERGER, MD, PhD

Prof. Mette Berger is currently Consultant Intensivist at the Adult Intensive Care Service & Burns of CHUV, the Lausanne University Hospital, specialized in burns resuscitation and in nutrition.

She received her M.D. degree from Lausanne School of Medicine in 1989, and her medical PhD from the University of Umeå-Sweden in 1996. She completed her residency in Anesthesiology and in Intensive Care Medicine at the CHUV with intermittent fellowships in Karolinska - Stockholm and Royal North Shore - Sydney. She trained as a nutritionist in Nancy-France.

She has authored over 150 publications in micronutrients, nutritional therapy of the critically ill, burn and trauma care. Her research interests are within clinical nutrition and antioxidant micronutrients in the critically ill, with a special focus on severe burns. She has contributed to develop the concept of early prevention of the energy debt in acute conditions, promoting the use of computerized information systems to monitor nutritional therapy and combined enteral and parenteral feeding. Prof. Berger lectures nationally and internationally in antioxidant support, clinical nutrition and burn care.

Prof M. Berger has held positions as president and treasurer of the Swiss Society of Clinical Nutrition (SSNC), is member of the ESPEN-ICU guidelines group, and deputy of the ESICM-MEN group and member of the ESICM-PACT experts.